



# VIOLENCE AGAINST WOMEN AND GIRLS

Training Courses  
2024/25



# CONTENTS:

■	<b>Active Bystander Training</b>	<b>Page 3</b>
■	<b>Vulnerability Awareness Training</b>	<b>Page 4</b>
■	<b>Workplace Domestic Abuse Champions Training and Network</b>	<b>Page 5</b>
■	<b>Be the Difference Domestic Abuse Workshops</b>	<b>Page 6</b>



## **TRAINING COSTS**

*All of these courses are free to delegates and funded by Northumbria Police and Crime Commissioner Susan Dungworth. Please note that places are limited and if you are unable to attend, please cancel your place so others can book.*

## **CONTENT WARNING**

*All of these learning resources openly talk about different forms of Violence Against Women and Girls. If you have your own personal experiences and think you may need support to recover first, or if you are worried about the content of the workshop and the impact it may have on your well-being, please feel free to reach out and we'll be happy to put you in touch with the relevant support.*

# ACTIVE BYSTANDER TRAINING

## The training:

Active Bystander Training gives you a range of tools to safely respond to potentially harmful situations such as sexual harassment in public places.

When we intervene skilfully, we encourage others to do so too, sparking positive culture change and preventing violence against women and girls, making everyone feel safer.

## Who can attend:

The training is available to anyone aged 18+ and living, working or studying in Northumberland, Tyne and Wear.

## Benefits of taking part:

This training will help you gain the skills, confidence and knowledge you need to safely intervene in order to challenge sexism and sexual harassment, either in the moment or afterwards.

## How to sign up:

By signing up to this training course, you are committing to attending two half day (3.5 hour) sessions held at the Office of the Police and Crime Commissioner for Northumbria.

You can check upcoming dates and book your place on the training [here](#).

**Capacity:** 20 people

**Address:** Victory House, Balliol Business Park, Benton Lane, Newcastle, NE12 8EW

## For more information:

- Email: [enquiries@northumbria-pcc.gov.uk](mailto:enquiries@northumbria-pcc.gov.uk)
- Website: [www.northumbria-pcc.gov.uk](http://www.northumbria-pcc.gov.uk)



# VULNERABILITY AWARENESS TRAINING

## ■ The training:

We all have a right to feel safe when enjoying everything our towns and cities have to offer. That's why we deliver this awareness raising training that helps you identify and understand what vulnerability looks like in the night-time economy, how to spot the risks and what you can do to prevent a vulnerable person becoming a victim of crime.

## ■ Who can attend:

Training is aimed at those working in the hospitality sector including bar staff, security teams and hotels, but anyone aged 18+ and living, working or studying in Northumberland, Tyne and Wear can take part.

## ■ Benefits of taking part:

You will gain the skills, confidence and knowledge you need to safeguard vulnerable individuals who could be at risk of crime or victimisation.

## ■ How to sign up:

It takes 1.5 hours to complete the training which is delivered online via Microsoft Teams.

You can check upcoming dates and book your place on a training session [here](#).

## ■ For more information:

- Email: [enquiries@northumbria-pcc.gov.uk](mailto:enquiries@northumbria-pcc.gov.uk)
- Website: [www.northumbria-pcc.gov.uk](http://www.northumbria-pcc.gov.uk)



# WORKPLACE DOMESTIC ABUSE CHAMPIONS TRAINING AND NETWORK

## **The training and network:**

The workplace can be one of the few areas where victims of domestic abuse feel safe to speak out about what they are going through. That's why our training sessions and dedicated network, provide you with all the information and support you need to be there for your colleagues.

## **Who can join:**

If you work for a private sector business or a voluntary and community based organisation in Northumberland, Tyne and Wear, please sign up.

## **Benefits of taking part:**

Are you worried about a colleague; or a manager who wants to better support your team? This training will help you do that. You can then join our dedicated network of over 1200 Workplace Champions, where you will be kept up to date with all the information and support you need, as well as upcoming training opportunities.

## **How to sign up:**

It takes 3 hours to complete the training which is delivered online to a maximum of 20 people.

You can check upcoming dates and book your place on a workshop [here](#).

Once you have completed the training, you can join the network. Additional learning sessions are also available throughout the year.

## **For more information:**

- Email: [champions@northumbria-pcc.gov.uk](mailto:champions@northumbria-pcc.gov.uk)
- Website: [www.northumbria-pcc.gov.uk](http://www.northumbria-pcc.gov.uk)



# BE THE DIFFERENCE DOMESTIC ABUSE WORKSHOPS



## The workshop:

Family, friends, colleagues and neighbours are often the first to know that abuse is happening. That's why these awareness raising workshops have been designed to help you better understand different types of domestic abuse, the impact it has and how you can support someone you are worried about.

## Who can attend:

The workshops are open to anyone aged 16+ and living in the Northumberland, Tyne and Wear area.

## Benefits of taking part:

We want communities to be better informed and equipped to respond to domestic abuse. So, if you are worried about someone that may be experiencing abuse, then these workshops will help you to safely support them.

## How to register interest:

You can register your interest [here](#) and will contact you when a date becomes available. Additionally, if you are a community group or employer, Findaway can attend your venue and facilitate a workshop for 15-20 participants.

## For more information:

- Telephone: 0300 140 0061
- Email: [hello@wefindaway.org.uk](mailto:hello@wefindaway.org.uk)
- Website: [www.wefindaway.org.uk](http://www.wefindaway.org.uk)





NORTHUMBRIA  
**POLICE & CRIME  
COMMISSIONER**

violence  
reduction  
unit

---

## Violence Against Women and Girls Training Courses 2024/25



[Website](#)



[Email](#)



[Facebook](#)



[Instagram](#)



[Twitter](#)

Visit our [website](#) for more about the work we are doing to prevent violence against women and girls.

